



**2010 USATF MISSOURI VALLEY ASSOCIATION  
Junior Olympic Track & Field  
Championships  
Saturday - Sunday, June 12-13, 2010  
William Jewell College-Liberty, Missouri  
500 College Hill, Liberty, MO 64068**



**AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:**

<b>Age Divisions</b>
Sub- Bantam (Born 2002 and later)
Bantam (born 2000 and later)
Midget (born 1998–1999)
Youth (born 1996–1997)
Intermediate (born 1994–1995)
Young (born 1992-1993)
* athletes born in 1991 are also eligible if they do not turn 19 on or before 8/1/2010



**INDIVIDUALS:** Only U.S. citizens, aliens living in the United States, and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the Bantam and Midget divisions may compete in a maximum of three (3) events, including relays. Competitors in the Youth, Intermediate, and Young divisions may compete in a maximum of four (4) events, including relays. Combined events are not included in the event count. All athletes must be 2010 members of USATF in good standing.

**RELAY TEAMS:** Only registered 2010 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. Visit [www.usatf.org](http://www.usatf.org) and select "Products/Services" to become a member.

**ENTRY FEES:** Individual Entries: **\$6 dollars** per event; Relay Entries: **\$24 dollars** per relay team

**ON-LINE REGISTRATION: ONLINE REGISTRATION ONLY.** The National Youth Division has adopted Coach O as their Online Meet Registration provider. Online Registration is now open. In any event, Online Registration will end June 10, 2010 at 12:00 MIDNIGHT. You may register at [http://usatfregistration.com/meet/entry/mo\\_usatfyouth/](http://usatfregistration.com/meet/entry/mo_usatfyouth/)

**NO MEET DAY REGISTRATION OR MAIL IN REGISTRATION.**

**MEMBERSHIP VERIFICATION: USATF ONLINE MEMBERSHIP VERIFICATION PROCESS:** Before the meet start date, please ensure that the membership chair has received (via mail or fax) a copy of the athlete's Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification). See Rule 300.1 (h) for further explanation.

All entries must be made using the official entry form. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required and must be submitted with each entry form (even if it was already submitted to the membership chair). For relay team entry, please follow the instructions on the official Relay Roster Form.

**AWARDS:** USATF Junior Olympic medals will be awarded to the top three individuals and the top three relay teams in each event of each age division. Ribbons will be awarded to athletes finishing 4<sup>th</sup>-8<sup>th</sup> in each event.

**ADVANCEMENTS:** The top **six (6)** individuals and relay teams in each event of each age division will advance to the [USATF Region 9 Championships](http://www.usatf.org/assoc/ozark/calendar.html) to be held on **July 8<sup>th</sup> – 11<sup>n</sup>** in **St. Louis, Missouri, for more information go to** <http://www.usatf.org/assoc/ozark/calendar.html>.

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**REVISED ADVANCEMENT PROCESS WILL BE ESTABLISHED BY THE NATIONAL YOUTH DIVISION'S EXECUTIVE COMMITTEE.** *In the past, all advancement/entry forms for the USATF Region 9 Championships were completed, paid for, and submitted (cash or money order only) prior to leaving The Association Championship. The new online registration process will also apply to Region 9 Registration. When the details of the new process are established, they will be posted on the Missouri Valley Association website.* The [2010 USATF Junior Olympics Track & Field National Championships](http://www.usatf.org/events/2010/USATFJuniorOlympicTFChampionships/) will be held from Tuesday, July 27th to Sunday, August 1 at Sacramento City College – Sacramento, CA. The top 3 athletes at the Region 9 Championships will qualify for the National Championships. Information is available at: <http://www.usatf.org/events/2010/USATFJuniorOlympicTFChampionships/>

**IMPLEMENT WEIGH-IN:** Athletes must bring their own throwing implements, including javelin and turbo javelin, shot puts (2lb Shot Put for Sub-bantams), discus, and hammer. Athletes must also bring their own pole vault poles.

**EVENT CHECK-IN:** Check-in areas for Running and Field events will be announced at the meet. Athletes must check in at the designated area when event check-in is announced. It is the athlete's responsibility to know when check is announced. All athletes will be required to remain in the designated warm-up areas after checking in.

**COMPETITION BIB NUMBERS:** All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. If an athlete loses his or her bib number, a replacement can be purchased for a fee of \$10. Bib numbers will be included in Meet Package distributed to athletes and coaches.

**MEET PACKAGE PICKUP:** Meet Package pickup will be conducted on Friday, June 11<sup>th</sup> at **4:00 p.m.-7:00 p.m.** at **Fairfield Inn & Suites Kansas City Liberty**, 8101 N Church Road Kansas City, Missouri 64158

**SPIKES:** Only ¼" spikes will be allowed. The use of spikes longer than ¼" will result in disqualification from the event.

**EVENT RESULTS:** During competition, event results will be posted **at the stadium, the location will be announced during the competition.** In addition, event results will be posted at **the Missouri Valley Association's website following the meet:** <http://www.usatf.org/assoc/mv/>

**SCHEDULE:** Saturday, June 12<sup>th</sup> (DAY 1) Track event competition will begin at 11:30 a.m. Field event competition will begin at 12:00 noon at William Jewell College in Liberty, Missouri. Sunday, June 13<sup>th</sup> (DAY 2) Track event competition will begin at 10:00 a.m. Field events will begin at 9:00 a.m.

**PROTESTS:** There will be a fifty **dollar (\$50.00)** fee for all protests. Protests must be submitted to the Protest Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

**RULES – CONDUCT & FACILITY:** **William Jewell College's Stadium is a Smoke Free Environment. No smoking will be allowed in the stadium. Coaches and Parents will not be allowed on the field.** The Missouri Valley Championship is an event for youth athletes. The youth athletes participating and attending this event will undoubtedly model the conduct of the adults, parents, coaches and yes, meet management. Everyone associated with the Missouri Valley Association Championship, including spectators, are encouraged to conduct themselves in a professional manner and to maintain order in their team's area and throughout the facility. We discourage any behavior that is loud, rude, or otherwise detrimental to the conduct of the championships. Anyone conducting themselves in this manner will be asked to leave the premises by officials, meet director, meet referee or meet management.

**GATE ADMISSION FEES:** Saturday: Adults--\$3.00; Students--\$2.00; Children 6 and under are free.

Sunday: Adults--\$3.00; Students--\$2.00; Children 6 and under are free.

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**CONTACTS:**

**Youth Chair & Co-Meet Director:**  
Forika McDougald  
**Phone Number:** (785) 579-6484  
**E-mail:** [tracknfield\\_united@yahoo.com](mailto:tracknfield_united@yahoo.com)

**President & Co-Meet Director:**  
Kenneth Ferguson  
**Phone Number:** (913) 5798722  
**E-mail:** [fergusonk@umkc.edu](mailto:fergusonk@umkc.edu)

**MEET HOTEL:** Inform the Fairfield Inn that you are associated with USATF Missouri Valley Association Championship so you can take advantage of the special room rates and room blocks. Special Rates will end May 29, 2010.

**Fairfield Inn & Suites Kansas City Liberty**  
8101 N Church Road  
Kansas City, Missouri 64158  
Phone: 816-792-4000



### **JUNIOR OLYMPICS MEET SCHEDULE SATURDAY, DAY 1**

#### **TENTATIVE FIELD EVENTS**

**11:00 a.m.**

Javelin (Finals) YG-YB-IG-IB-YW-YM  
Long Jump (Finals) YW-YM-IG-IB-YG-YB-MG-MB-BG-BB-SBG-SBB  
High Jump (Finals) SB-BG-BB-MG-MG-YG-YB-IG-IB-YW-YM

**12:00 p.m.**

Shot Put (Finals) YW-YM-IG-IB-YG-YB-MG-MB-BG-BB-SBB-SBG

#### **TENTATIVE TRACK EVENTS**

**10:00 a.m.**

1500 m Race walk (Finals) SBG-SBB-BG-BB-MG-MG-  
3000 m Race walk (Finals) YG-YG-IG-IB-YW-YM  
80m Hurdles (Prelims) MG-MG  
100m Hurdles (Prelims) YG-YB-IG-YW  
110m Hurdles (Prelims) IB-YM  
4x800m (Finals) BG-BB-MG-MG-IG-IB-YW-YM  
80m Hurdles (Finals) MG-MG  
100m Hurdles (Finals) YG-YB-IG-YW  
110m Hurdles (Finals) IB-YM  
100m dash (Prelims) SBG-SBB--BG-BB-MG-MG-YG-YB-IG-IB-YW-YM  
1500m (Finals) SBG-SBG--BG-BB-MG-MG-YG-YB-IG-IB-YW-YM  
100m dash (Finals) SBG-SBB--BG-BB-MG-MG-YG-YB-IG-IB-YW-YM  
400m (Finals) SBG-SBB-BG-BB-MG-MG-YG-YB-IG-IB-YW-YM  
5000m (Finals) YM

### **JUNIOR OLYMPICS MEET SCHEDULE SUNDAY, DAY 2**

#### **TENTATIVE FIELD EVENTS**

**9:00 a.m.** Triple Jump (Finals) YG-YB-IG-IB-YW-YM

**10:00 a.m.** Pole Vault (Finals) YG-YB-IG-IB-YW-YM

**10:00 a.m.** Javelin (turbo) (Finals) MG-MB

**11:00 p.m.** Discuss (Finals) MG-MB-YG-YB-IG-IB-YW-YM

**1:00 p.m.** Hammer (Finals) MG-MG-YG-YB-IG-IB-YW-YM

#### **TENTATIVE TRACK EVENTS**

**10:00 a.m.**

Steeplechase (Finals) IG-IB-YW-YM  
4x100m Relay (Finals) SBG-SBB-BG-BB-MG-MB-YG-YB-IG-IB-YW-YM  
200m dash (Prelims) SBG-SBB -BG-BB-MG-MG-YG-YB-IG-IB-YW-YM  
800m (Finals) SBG-SBB -BG-BB-MG-MG-YG-YB-IG-IB-YW-YM  
200m Hurdles (Finals) YG-YB  
400m Hurdles (Finals) IG-IB-YW-YM  
3000m (Finals) MG-MB-YG-YB-IG-IB-YW  
200m Dash (Finals) SBG-SBB -BG-BB-MG-MG-YG-YB-IG-IB-YW-YM  
4x400m Relay (Finals) SBG-SBB-BG-BB-MG-MB-YG-YB-IG-IB-YW-YM

**PLEASE CHECK THE SCHEDULE. WE PLAN TO GO TO A TIME SCHEDULE THIS YEAR**  
**DIRECTIONS:**

**From the Northwest:** Take I-29 South toward Kansas City. Merge onto I-435 East via Exit 14 (toward St. Louis) and travel approximately 15 miles. Exit onto MO-152 East via Exit 49B. Travel east through Liberty (MO-152 becomes Kansas Ave. in town). After passing through the town square (approximately 1 mile after exiting I-35), turn right on Lightburne St. and drive one block to Mill Street. Turn left on Mill St. and drive 1/4 mile to R.E. Bowles Dr. Turn left into the campus entrance.

**From the Northeast:** Take I-35 South toward Kansas City. Exit onto MO-152 East via Exit 16. Travel east through Liberty (MO-152 becomes Kansas Ave. in town). After passing through the town square (approximately 1 mile after exiting I-35), turn right on Lightburne St. and drive one block to Mill Street. Turn left on Mill St. and drive 1/4 mile to R.E. Bowles Dr. Turn left into the campus entrance.

**From the South:** Take US-71 North toward Kansas City. Merge onto I-435 North via Exit 8B (toward Kansas City/Des Moines). Stay on I-435 for 11 miles and then merge onto I-35 North via Exit 52B (toward Des Moines). Drive 4 miles and exit onto MO-152 East via Exit 16. Travel east through Liberty (MO-152 becomes Kansas Ave. in town). After passing through the town square (approximately 1 mile after exiting I-35), turn right on Lightburne St. and drive one block to Mill St. Turn left on Mill St. and drive 1/4 mile to R.E. Bowles Dr. Turn left into the campus entrance. **From the East:** Take I-70 West toward Kansas City. Merge onto Highway 291 North toward Liberty. Travel 14 miles and exit onto Highway 33/Lightburne. Go 1/2 mile on Lightburne to the intersection of Lightburne and Mill in Liberty. Turn right onto Mill and drive 1/4 mile to R.E. Bowles Dr. Turn left into the campus entrance.

**From the West:** Take I-70 East toward Kansas City (portions will be toll). Merge onto I-635 North via Exit 418B and travel 8 miles. Merge onto I-29 South via Exit 12B (toward I-35). Drive 4 miles and merge onto I-35 North via Exit 1B (toward Des Moines). Go 8 miles and exit onto MO-152 East via Exit 16. Travel east through Liberty (MO-152 becomes Kansas Ave. in town). After passing through the town square (approximately 1 mile after exiting I-35), turn right on Lightburne St. and go one block to Mill St. Turn left on Mill St. and drive 1/4 mile to R.E. Bowles Dr. Turn left into the campus entrance.

William Jewell College 500 College Hill • Liberty, MO • 64068 [www.jewell.edu](http://www.jewell.edu)

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**RUNNING**  
**GARRY GRIBBLE'S**  
**SPORTS**

- 20% off all regular priced merchandise. Must present a current USATF membership card (or USATF confirmation of new membership);
- Discount is for USATF members only and does not extend to their family;
- Discount is good at any of our four stores;
- Discount does not apply to BOB, Garmin, and Vibram;